

# As Tall As I Am

This is an activity for one or more people.

**Goal:** To find objects that are about as tall as you.

**You might use:**

- String
- Sticks
- Pieces of cardboard

**What to do:**

- Find at least three objects that you think are about your same height.
- Compare your own height with the object's height. There are many ways you can do this. For example, stand next to the object or use a piece of string to measure your height and compare to the object's height. Try making comparisons several different ways.
- Tell someone about the objects you chose. Which objects were shorter than you? Which objects were taller? Which objects were about the same height? How did you figure this out?

**Other things to try:**

- Find objects that are about the same height as different parts of your body. What is as tall as your knee? Your waist? The top of your shoulders?
- Make a measuring tool that you can use to tell whether something is your exact height.
- Figure out which person in your family is closest to your own height.
- Find objects that are half your height. Find objects that are twice your height. If you need help, ask a partner.

