

Just a Second...



What can you do in 10 seconds?

A bee can beat its wings 2,000 times.

A bat can make 2,000 high pitched calls.

A hummingbird can beat its wings 500 times.

Goal: Find out what you can do in 10 seconds.

You will need:

- Stopwatch
- Pencil
- Recording sheet

Action	Number of Times in 10 Seconds
Jumping Jacks	
Name foods you like to eat	
Finger Snaps (1 hand)	
Jump Rope	
Bounce a Ball	
Name different animals that begin with the letter R	
Hand claps	
Hop on one foot	