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Pretend Soup allows children to take the lead in various breakfast, snack, and dinner recipes. Children will measure, mix, cut, and prepare ingredients.

Ages: 3 to 7 years

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Related Books: Salad People and More Real Recipes by Mollie Katzen; Honest Pretzels and 64 Other Amazing Recipes for Kids Who Love to Cook by Mollie Katzen (ages 8 and up)



Pretend Soup

Satisfy your taste buds with 19 different kid friendly recipes!

Math Connections:

Spatial relationships	Counting
Measurement	Fractions
Cause and effect	Sequencing
Time	Estimating
Comparisons	

Activities To Do Together:

- Try some of the recipes in the book.
- Make up some recipes of your own with your child.
- Compare different measurements like a teaspoon versus a tablespoon, a quarter of a cup versus a half of a cup.
- Double a recipe.
- Figure out if you have enough ingredients to make a certain recipe.
- Estimate the amount of time it will take to complete the recipe before you begin. Keep track of how long it actually takes.

Extension Questions:

1. Have you cooked before? What did you make? Describe what you did first, next, and last.
2. Do you think the order of the steps and ingredients in a recipe matter? Why or why not?
3. If a recipe will feed 2 people, what would you need to do to feed 4 people? If a recipe will feed 8 people, but you only want to feed 4 people, what would you do?

Vocabulary for Building Math Concepts:

1/4, 1/2, 3/4, 1, 2, 3, 4, 5, 6, 7, 8, 9, center cup, halfway, minutes, on, pound, side, tablespoon, teaspoon, top

Early Math Project Resources:

Arlene's Trail Mix: <https://bit.ly/3lsS3B4> (English)

Arlene's Trail Mix: <https://bit.ly/2JwFNSK> (español)

Arlene's Trail Mix Jr.: <https://bit.ly/39w6HVY> (English)

Arlene's Trail Mix Jr.: <https://bit.ly/37nUznd> (español)

Online Resources:

Website for Mollie Katzen: <https://bit.ly/3q9EaLI>

Guide for Cooking in the Classroom by Ann Henderson: <https://bit.ly/3lj0YVO>

